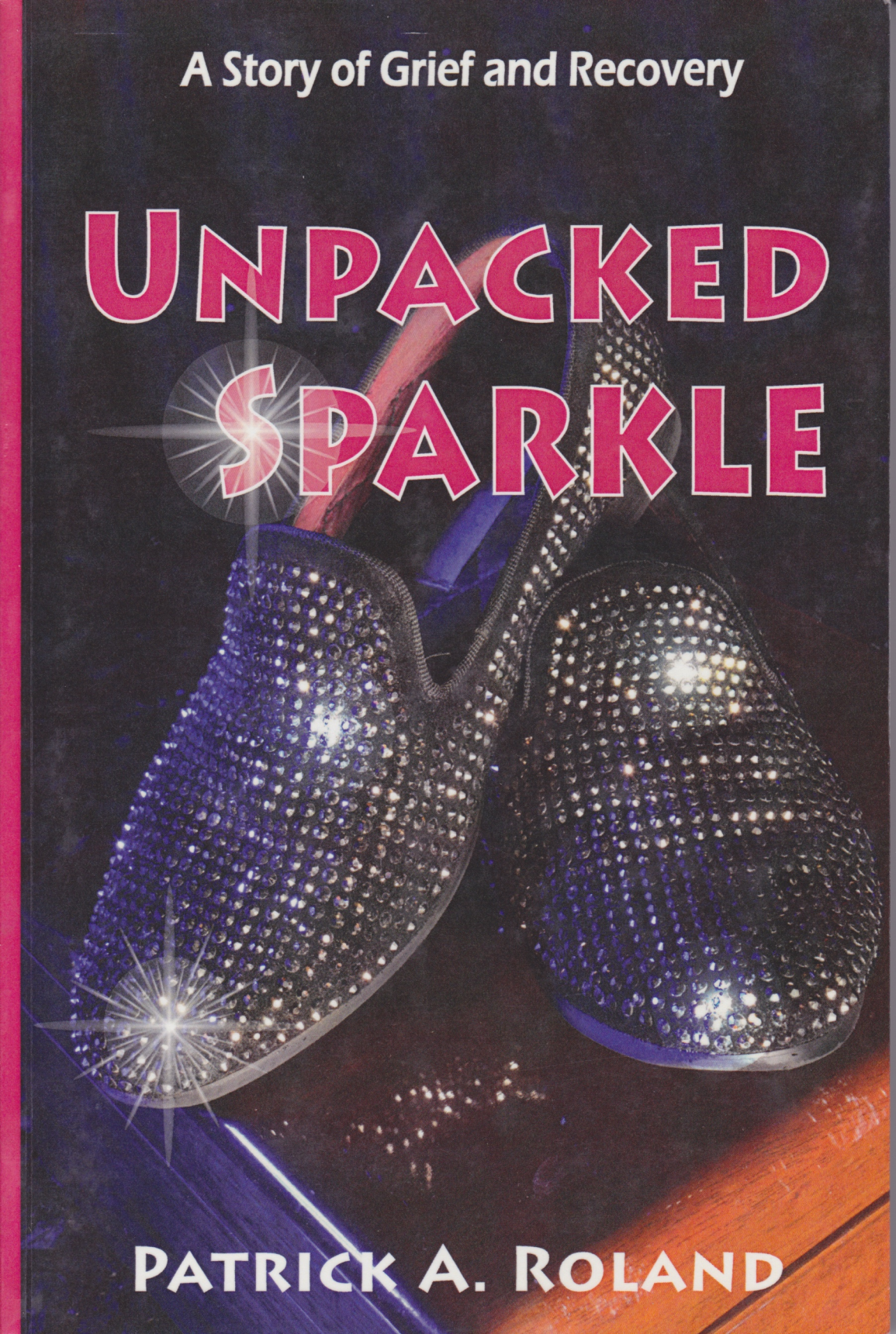


A Story of Grief and Recovery

UNPACKED SPARKLE

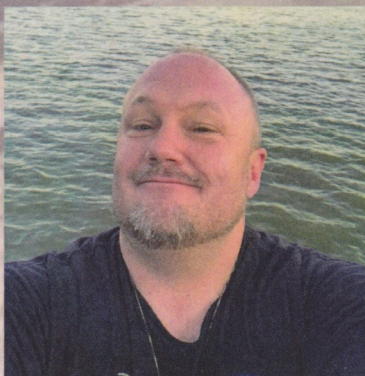


PATRICK A. ROLAND

A Story of Grief and Recovery

Unpacked Sparkle chronicles Patrick Roland's transformative journey upon finding his partner, Pack, dead in January 2014. The story begins on the day of the funeral which he was not allowed to attend by Pack's homophobic family and details a nearly two-year journey back to a now thriving, joy-filled life. This story discusses addiction and the recovery from it, grief and the journey to acceptance, the family dynamics and DNA that resulted in a life-saving bi-polar diagnosis, and the importance of civil rights and marriage equality. This miraculous journey is threaded together by a tapestry of amazing friends who helped Patrick find his way back to happiness, where he continues putting his hand out to others in search of their own sparkle.

The author hopes that by sharing his experience and strength with readers, they will find hope. He believes everyone deserves to sparkle. Let's take this journey together so you can unpack yours.



Patrick A. Roland is an award-winning journalist, author and editor with twenty-one years of mainstream media, specialty publication, corporate and public relations experience.

**For more information,
visit www.unpackedsparkle.com.**

**Print and Distribution in coordination with:
Az Publishing Services, LLC
www.azpublishingservices.com**

Price \$19.95

Self-Help Memoir

ISBN #978-1-944826-31-4



51995



9 781944 826314